



OUR MISSION

The mission of Korean American Family Services (KFAM) is to strengthen and support Korean American families and individuals in the greater Los Angeles area through counseling, education, and social services.

ABOUT KFAM

KFAM was founded in 1983 by Korean immigrant women inspired by the vision of Dr. Tae Young Lee, Korea's first female attorney and an early advocate of the rights of women and children, particularly domestic violence victims. KFAM has since grown into the community's primary family resource center and gateway to specialized services that support the health, safety, and well-being of Korean immigrant families. KFAM serves nearly 7,000 children and adults each year, with quality, holistic programs that respond directly to the challenges among Korean American families undergoing trauma or acculturation stress.

CORE PRIORITIES

- H** • Help Foster Healthy Families Free from Violence and Abuse
- O** • Optimize Mental Wellness and Resilience for Adults and Children
- P** • Partner with Local Groups to Build a Thriving Community
- E** • Extend Safety Net for Adults and Children Without Access to Care



SUPPORT KFAM THROUGH YOUR TAX-DEDUCTIBLE DONATION

KFAM relies on the generosity of our donors to sustain our work of helping families. There are several ways you can make a 100% tax-deductible contribution to KFAM.

(Tax ID #95-3899329)

ONLINE

www.kfamla.org/donate

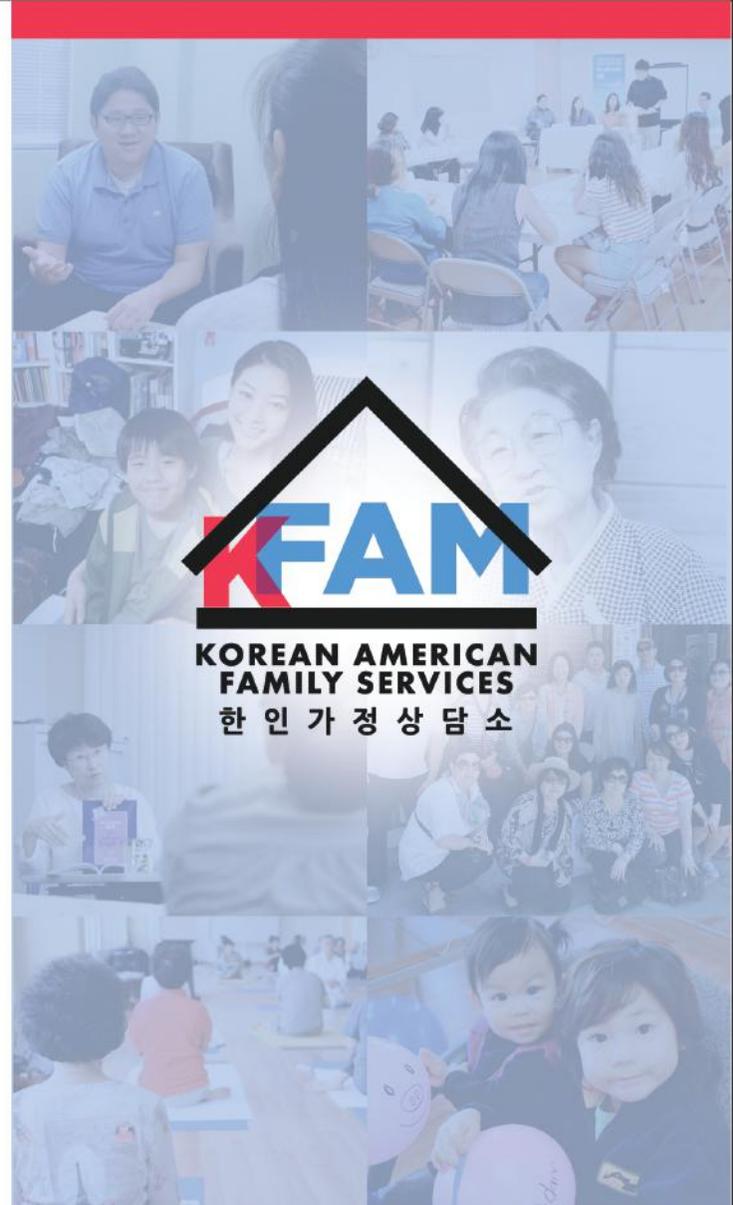
BY MAIL

Make checks payable to:
KFAM



3727 W. 6th Street, Suite 320
Los Angeles, CA 90020
Phone: 213.389.6755

www.KFAMLA.org
admin@kfamla.org



**KOREAN AMERICAN
FAMILY SERVICES**
한인 가정 상담소

Changing Lives,
Strengthening Families

—Since 1983—

WWW.KFAMLA.ORG

AFTER HOURS CRISIS LINE: (888) 979-3800

INDIVIDUAL AND FAMILY SERVICES



CLINICAL COUNSELING

KFAM provides confidential, professional counseling services to Korean American families and individuals. Our bilingual counseling staff consists of licensed and registered therapists, psychologists, and psychiatrists.

We provide affordable, quality mental health care in a supportive and culturally-responsive environment.

Services offered in Korean, Japanese and English

COUNSELING SERVICES

- Children, Adolescents, and Adults
- Couples and Families
- Psychiatric Medication Services
- Integrated Services (for co-occurring mental health, physical health, and substance abuse issues)
- Child Abuse Prevention, Intervention and Treatment (CAPIT)

GROUP SERVICES

- Anger Management
- Parenting Class

COMMUNITY MENTAL HEALTH

Korean Mental Health Screening Day:

Screen Your Mind for a Happy Life

A day of depression screening, education, and pro bono individual consultation with a clinician to promote awareness and access to mental health care for Korean Americans.

Mental Wellness Seminars and Workshops

Community preventive care on priority issues such as stress, anger management, depression, and anxiety, and life stage issues.

COMMUNITY PROGRAMS



CHILD CARE FOOD PROGRAM (CCFP)

Working with the US Department of Agriculture and the CA Department of Education, KFAM subsidizes nutritious meals and snacks at licensed day care centers and home providers in the greater Los Angeles area. To ensure the health of over 4,000 children served daily, KFAM provides participating day care providers with monitoring and training on nutrition, safety and child development. KFAM is an equal opportunity provider.

Services offered in Korean, Spanish, Portuguese and English

ASIAN FOSTER FAMILY INITIATIVE (AFFI)

AFFI recruits Korean and other Asian foster parents to provide culturally/linguistically appropriate homes for Korean and Asian foster children. We provide education, training, and ongoing support under our licensed Foster Family Agency (FFA), the only one in the country that specializes in the needs of Asian foster children and families.

COMMUNITY PROGRAMS

KFAM provides education, outreach and support services that strengthen families and empower lives.

- Family Workshops
- Yoga for Seniors
- Consumer Mediation Talk Line
- Information and Referral
- Children's Art Workshop

For more information about our services, call us at **213.389.6755** or visit our website at www.KFAMLA.org

FAMILY VIOLENCE

In our Center for Women & Children, KFAM provides culturally relevant, trauma-informed services for Korean immigrant families affected by domestic violence. All services are free of charge for victims of family and intimate partner violence.

Services offered in Korean and English

- Safety Planning & Emergency Support
- Court/Hospital Accompaniment
- Government Benefits Establishment
- Restraining Orders
- Life Beyond: Victims/Survivor Support Group
- Mental Health Services
- Family Law Clinic
- Child Supervised Visitation Program
- 52-Week Batterers Intervention Program
- Domestic Violence/Child Abuse Prevention Campaigns
- Job Training and Placement

After Hours Crisis Hotline: (888) 979-3800



CREATING HOPE AND WELLNESS

A Client Story



“Through counseling at KFAM, I began re-creating my sense of self and started seeing a positive future for myself.... This was the beginning of my recovery process with the help of my therapist to navigate through it. I experienced firsthand the transformative power of KFAM’s counseling services and believe my recovery was possible through their help.” –KFAM Counseling Client