

# **2021 ANNUAL REPORT**

**Stronger Together**

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Dear KFAM Friends,

## **KFAM(한인가정상담소)'s 2021 Annual Report is out!!**

In 2021, KFAM experimented with the new normalcy by creating hybrid services, created new programs to fill gaps seen during the pandemic and adapted to new technology to be more efficient. In 2021, the need of services exceeded KFAM's capacity. It was the most demanding, mentally and physically, and busiest year in our 38 year history. Our culturally competent and essential programs in Mental Health, Domestic and Family Violence, Asian Foster Family Initiative and Child and Adult Wellness served over 12,000 individuals in 2021.

In the second year of the pandemic, we had faced many challenges created by the pandemic, specifically the rise of violent hate crimes against the Korean and AAPI communities. In response, KFAM increased the following services for our clients: anti-violence advocacy, hate crime reporting training, mental health and racial trauma education, providing housing and grocery delivery services and training law enforcement on cultural competency.

We also tested the waters for a handful of our new programs, KFAM started a School Violence Prevention Program to reduce cyber-bullying and bullying, created parenting seminars, worked with survivors to build up their own businesses and focused on family preservation to prevent children from entering the foster system. KFAM continues to increase our range of services to cover a vast scope of work for the underserved and most vulnerable members of our AAPI immigrant community.

KFAM continues to be a safe haven for low-income, underserved Korean and AAPI immigrant families. Every day, we continued our work in mental health therapy and advocacy, housing for the homeless, domestic violence services and education, empowering survivors to get back up on their own two feet, training AAPI foster parents to provide safe, culturally sensitive and nurturing homes, and ensuring healthy nutritious meals for 3,000 children daily. KFAM remains to be the first and only AAPI focused foster family agency in the nation.

The pandemic changed life as we know it, but it has taught each one of us to be resilient and hopeful. KFAM is grateful for all the support and love received this past year, we are only able to uphold our mission and continue serving our community because of you. We truly would not be where we are today without the trust of our clients, hard-working staff, and the support from our generous donors. Thank you. **We hope you enjoy learning more about our significant achievements and accomplishments in 2021 and thank you for helping us create bright futures in our community.**

Sincerely,

Katherine Yeom, **Executive Director**





# Board of Directors

**Charles Yoo**, Chair, Capital Group

**Eugene Kim**, Vice Chair, Golf Co-Chair, Dr. Eugene Kim, Plastic Surgery

**Lisa Yang**, Secretary, Golf Co-Chair, Governance, LimNexus LLP

**Elisa Lee**, Treasurer, JC & Associates

**Jina Park**, Event Co-Chair, PLUSH, LLC

**Henry Byun**, Event Co-Chair, Merrill Lynch

**Anthony Kim**, Hanmi Bank

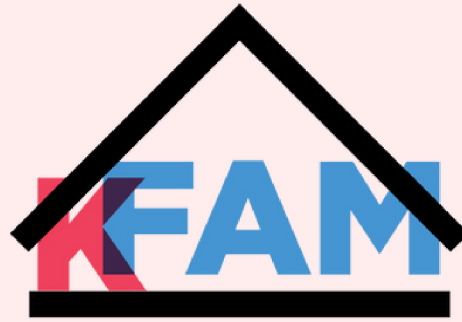
**Brian Choi**, Centerstone SBA Lending, Inc.

**Christine Oh**, Open Bank

**Jay Park**, JPark Architects

**Kenneth Seung**, JR&K Properties LLC

**Yun Kim**, Emperor's College of Traditional Oriental Medicine



# About Us

*Changing Lives. Strengthening Families*

Since 1983

## Our Mission

KFAM's mission is to **empower** underserved Korean American and Asian Pacific Islander families through culturally responsive programs.

Since its inception in 1983, KFAM has provided assistance to tens of thousands of Korean Americans - particularly women, children, immigrants and low-income families.

KFAM specializes in providing **linguistically** and **culturally** appropriate services through its multilingual and multicultural staff.

## Our History

KFAM was founded in 1983 by the vision of Dr. Tae Young Lee, Korea's first female attorney and an early advocate for women and children. KFAM opened its doors to help immigrant families devastated by economic hardships, immigration stress, and family strife.

The original mission and vision live on through KFAM's broad range of family intervention, mental health, and social services that provide an important safety net for

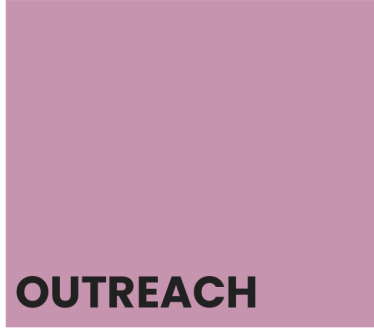
for community members. Our dedicated, skilled team of multilingual staff and volunteers serve over 10,000 adults and children each year with quality, culturally responsive services and passionate care that speak directly to the challenges among immigrant families undergoing trauma or adaptation stresses. Our services truly provide a vital safety net for resource-poor families without access to care.



# 2021 Pictures



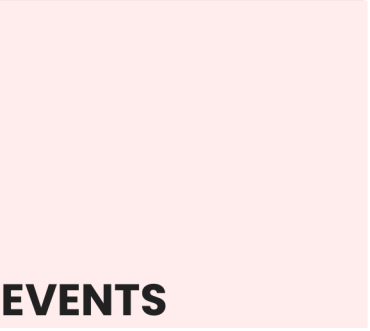
**VOLUNTEERS**



**OUTREACH**



**STAFF**



**EVENTS**



# Volunteers

A PERSON WHO EXPRESSES A WILLINGNESS TO CONTRIBUTE TIME, EFFORT OR TALENT TO MEET A NEED AND FARTHER KFAM'S MISSION



## Groups

Bethany Church  
Global Children  
Foundation  
Hwarang  
Open Bank  
St. James Episcopal  
School  
Umlaut Foundation Tutors  
Youth4Ward

## Individuals

Alexandra Park	Lea Shin
Brendan Park	Mildred Yi
Cameron Choi	Mina Yoon
Carter Choi	Pearl Kim
EJ Shin	Rachel Kwon
Ellen Lee	Sally Kim
Emily Kim	Sam Ko
Hannah Diep	SoHyun Park
Jaden Park	Soo O
Jenny Seon	Sophia Kang
Jonathan Sheng	William Choi





# Staff

**Alice Lee**, MBA, AFFI Manager  
**Amanda Jeon**, AFFI Administrative Assistant  
**Amy Yi**, Finance Manager  
**Bola Kim**, AMFT, Mental Health Therapist  
**Carol Sim**, LMFT, Clinical Supervisor  
**Catherine Feng**, ASW, AFFI Social Worker  
**Chloe Kim**, LMFT, GBV Family Advocate  
**Christine Chu**, CCFP Home Manager  
**Crystal Huang**, MSW, AFFI Social Worker  
**Emily Xu**, AMFT, AFFI Social Worker  
**Eric Chung**, MSW Intern  
**Erica Park**, SAPC Manger  
**Estee Song**, Consultant  
**Eun Young Chung**, LMFT, Clinical Supervisor  
**Grace Kim**, GBV Coordinator  
**Irene Chuang**, MFT Trainee  
**Jamie Yang**, ASW, AFFI Social Worker  
**Jane Park**, AMFT, Case Manager and Therapist  
**Jennifer Oh**, LCSW, Deputy Director

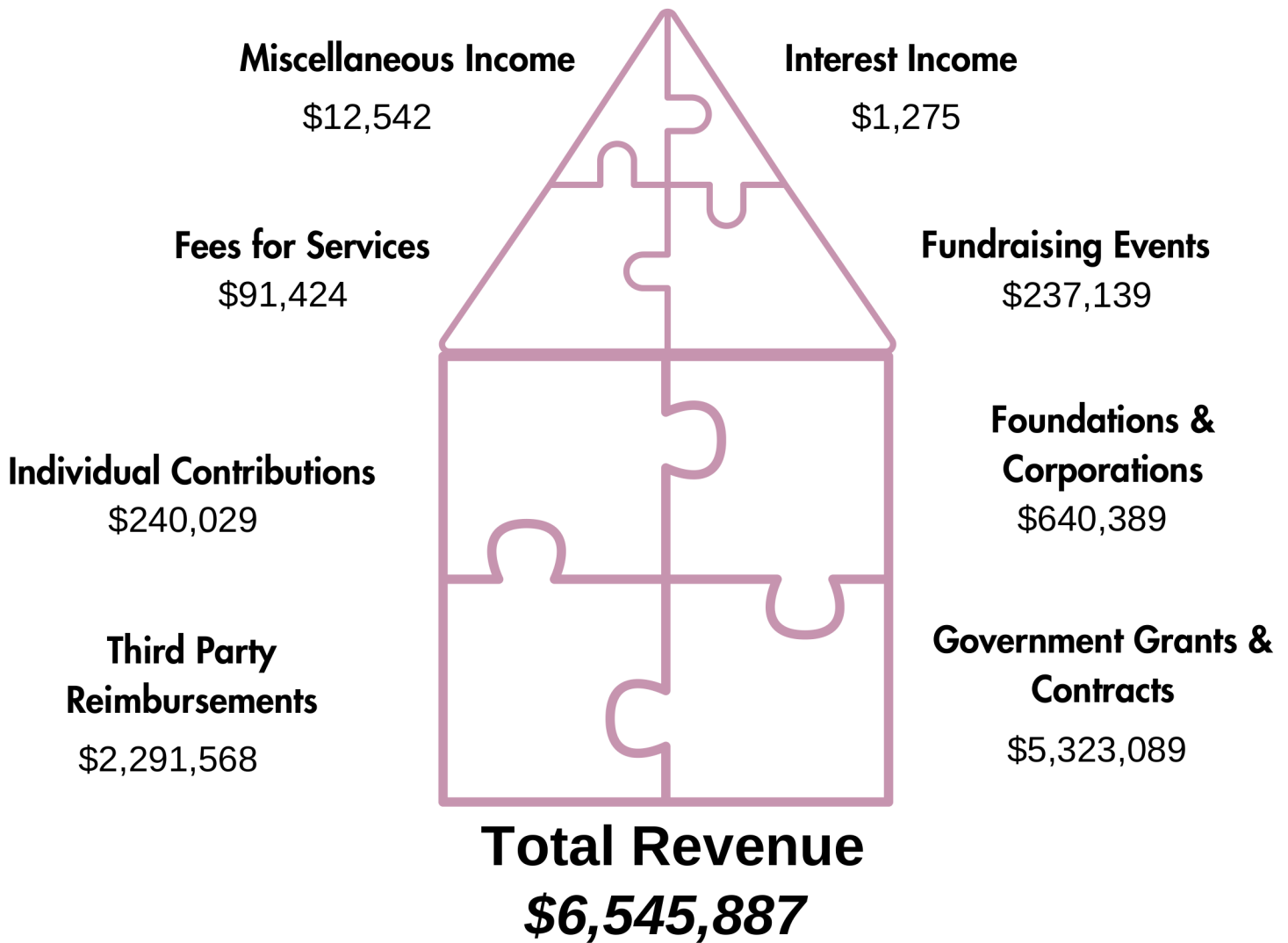
**Jennifer Yang**, GBV Victim Advocate  
**Jina Kim**, AMFT, FFA Supervisor  
**Joyce Kim**, ASW, GBV Victim Advocate  
**Katherine Yeom**, MAT, Executive Director  
**Kenneth Oh**, Psychiatric Assistant  
**Lauren Kwon**, MED, LMFT, GBV Supervisor  
**Mi Young Kim**, AMFT, Mental Health Therapist  
**Na Young Ko**, CCFP Center Manager  
**Robyn Harrod**, LCSW, AFFI Program Coordinator  
**Seung Ryung Chang-Arredondo**, GBV Victim Advocate  
**Shana Lee**, Development Manager  
**Stephanie Choi**, MSW Intern  
**Sunhee Kim**, LMFT, GBV Program Manager  
**Susan Chung**, MD, Psychiatrist  
**Sylvia Kwon**, LMFT, Mental Health Therapist  
**Thomas Tae**, DNP, Psychiatric Nurse Practitioner  
**Yena Kim**, Administrator  
**Yumi Kang**, GBV Victim Advocate  
**Yunsook Choi**, Office Support Specialist





# 2021-2022 FINANCIALS

**\*\*New fiscal year June 2021-July 2022**



# 2021-2022 SUPPORTERS

**\*\*January 2021-June 2022**

## GOVERNMENT

California Offices of Emergency Services  
California Partnership to End Violence  
LA County 1st District Board of Supervisor Hilda L. Solis  
LA County Department of Children and Family Services  
LA County Department of Mental Health  
LA County Department of Public Health  
LA County Department of Social Services  
Legal Aid Foundation Los Angeles  
Orange County Children and Family Services  
Overseas Korean Foundation  
U.S. Department of Justice Office on Violence Against Women

## \$200,000 AND UP

Albert Kim Foundation  
Cedars- Sinai Medical Center  
Hanmi Bank

## \$50,000 TO \$199,999

Ahmanson Foundation  
Calico CACC Co  
Centerstone SBA Lending, Inc  
Helaina Foundation  
JB & Emily Van Nuys Charities  
Ralph M. Parsons Foundation  
Santa Monica Nikkei Hall  
Sierra Health Foundation  
Thai Community Development Center  
Weingart Foundation

## \$10,000 TO \$49,000

Asian Pacific Planning & Policy Council  
ACFLS Charitable Foundation, Inc  
AMKO Restaurant  
Asian Pacific Institute  
Bethany Mission Church  
CALCASA  
Capital Group  
Cashstar, Inc.  
CBB Bank  
Children's Bureau  
Christine Chang  
Eugene Kim, MD  
Henry Byun  
KACF: San Francisco  
Korean Consulate  
Law Offices of Richard D. Hoffman  
My Sister's House

Oh Family Foundation  
Open Bank  
Dr. Samantha Han  
Schwab Charitable  
The Green Foundation  
The Chung Family Inter Vivos Trust  
ValorUS  
Wells Fargo Bank  
Woohyuck and Hye Jung Lee Foundation  
Women's Foundation  
Youngbum Song Foundation

## \$5,000 TO \$9,999

Blue Shield of California Foundation  
Charities Aid Foundation of America  
Charles Yoo  
Crowe LLP  
Emperor's College of Traditional Oriental Medicine  
In-N-Out Burgers Foundation  
JC & Associates  
JC Sales  
Jina and David Park  
Jeremy Joe and Connie Chung Joe  
JPark Architects  
Kang Dream Foundation  
Kwang S Chung  
Lisa Yang  
New Community SB Church  
Small Rock Investments  
The Chung and Soon Pak Family Foundation  
United Way

## \$3,000 TO \$4,999

Alvin and Joyce Kang  
Angela Yoon  
BCD Restaurants Inc  
California Community Foundation  
Cerritos Eye Medical Center, Inc.  
CHA Hollywood Presbyterian Medical Center  
Charles Yoo  
Chung Suri Kim  
City National Bank  
Denise Lee  
Emperor's College of Oriental Medicine  
Jinzheng Group LLC  
Jisun & Monica Ryoo

# 2021-2022 SUPPORTERS

## \$3,000 TO \$4,999 Continued

KABA Foundation  
LimNexus LLP  
Mindy Kim  
Saegil Christian Church  
SookYung Kim  
Yun Kim

## \$2,000 TO \$2,999

AnnOne  
Asian Americans Advancing  
Justice  
Bloomberg  
C.G. Kum  
Joseph Young  
Justin Surh  
Pauline Panis  
RocketCart Inc  
Salesforce.com  
Seum Church  
Stephanie Onoshi

## \$1,000 TO \$1,999

Abraham Nam  
Anthony Kim  
Scott Min  
Baroo LLC  
Bohyun Bae  
Brian Choi  
Caleb Liang  
Calvin & Esther Lee  
Chang Kyu Kim  
Chang Lim  
Charles Hung  
Cindy Lee  
Dess, Inc.  
Elisa Lee  
Ellen Choi  
Gallagher Bassett  
Gary R. Davis  
Harim Lee  
Hey Jung Choi  
Hyung Kim  
Jay Park  
Jeanette J. Lee  
Jina Park  
Jinna Kang  
Jinro America Inc  
Jongmin Kim

KABA  
Kaye Kim  
Keefe, Bruyette & Woods  
Kenneth Seung  
Legal Aid Foundation  
Luci Kim  
Mackone Development, Inc  
Megan Moriarty  
Mijeong Bastian  
Nancy Pak  
Northstar Technology  
OVW EMEN  
Pacific City Bank  
Park Dae Gam Ne, Inc.  
Rebekah Chang  
Rotary Club of Koreatown  
Scott Kim  
Seoul Medical Group, Inc  
The Dental Care Center  
The Spectrum of Hope  
Foundation  
Trauma Assistance Program  
International  
Tuffer Manufacturing Co  
Yun Nam

## \$500 TO \$999

Angie Chang  
Brian Choi  
Byung No Ree  
Chung Min & Hwa Soon Lee  
Dalae Management, Inc  
David Kim  
EQHR Solutions  
Eunjin Chu  
FALEO-LA  
Inkook and Cathleen Chung  
Jae Chung  
James Ko  
Jenna & Jace Foundation  
John Jin Kim  
Jungjae Kook  
Korean Investor & Traders  
Associate of Southern California  
Lil Senseition  
Mark Demos  
Matthew Moy  
Mixed Roots Foundation

Mixed Roots Foundation  
Onp Construction, Inc.  
Patrick Ban  
Paul Song  
Peter Suh  
Richard Park  
Salon Song  
Sara Lee  
Shinae Kim  
The Gathering  
Vanguard Charitable  
Wisekwak, Inc.  
Woodmen of the World

## \$200 TO \$499

Anthony Rosania  
Arthur Heo  
Barbara Sladeck  
Charles Kim  
Cliff Hong  
David Han  
Denny Han  
Eduardo Garcia  
Emily Kim  
Emily Park  
Erin Twitchell  
Esther Yoon  
George Park  
Hyesook Kim  
Hyung Soon Chin  
Irene Lee  
Jaded Media, LLC  
Jake Curtis  
James Hann  
James Ma  
James Vasquez  
Jane Kim  
Jay Hong  
Jean Kim  
Jeannie Jung  
Jechul Um  
Jennifer Chen  
Jenny Park  
Ji Young Hwang  
Ji-Eon Jin  
John Choi  
John Ok  
Joseph Lee

# 2021-2022 SUPPORTERS

## \$200 TO \$499 Continued

Ken Takada  
Kevin Mcnaney  
Kiera Blake  
Korean Cultural Center  
Mathew Wang  
Michael Brett  
Michael M. Hong  
Minae Yu  
Milton Ordonez  
Moon Ja Chung  
Nancy Lee  
Nicole Kim  
Pai Lien Du  
Peter Lee  
Rachel Carfora  
Robert Chong  
Rohan Damani  
Suk Yoo  
Sukjoon Yoon  
Sung Chun  
Sungeun Yang  
Sunhee Kim  
Susan Palmer  
The Wonderful Company  
Foundation, Inc.  
Theodore Bang  
Tugba Kecik

## \$20 TO \$199

Adam Amanse  
Adam Waggoner  
Alexander Ma  
Alfredo Ok  
Alicia Wright  
Andrea Ra  
Andrea Sung  
Andrew Hong  
Angel Aivazian  
Angie Lee  
Anna Gunning  
Anne Benedict  
Annie Ree  
Archstone Foundation  
Austin Lyke  
Bo Shim  
Breezy Zhou  
Brian Byun

Brian Choi & Yunsook Choi  
Brian Kang  
Brian Wang  
Caroline Kim  
Charlotte Duncanson  
Choyeon Kim  
Christina Tortal  
Christine Han  
Christine Oh  
Cindy Lee  
Cindy Yoo-Korneluk  
Dan Alexander  
Daniel Park  
Danielle Choi  
Danielle Yu  
Daphne Chantell del Rosario  
David Lee  
David Lim & Bong A Lim  
David Ok  
David Park  
David Yang  
Diana Park  
Dong H. Ko  
Edward Han  
Elisa Lee  
Emanuel Hahn  
Emmy Tan  
Eric Kim  
Esther Lee  
Eunice Lee  
Eunsan Huh  
Farah Joy  
Farris Consulting, LLC  
Frederick Ty  
Frontstream  
Ga Young Kim  
Genever  
Gi Song  
Gloria Lee  
Grace Lee  
Gregory Chou  
Harold Felton  
Helen Kim  
Helen Koo  
Helen Yoo  
Hyangmi Kim  
Hye Kim

Hye Won Lee  
Hyun Oh  
IAm Representatives  
Association  
Ian Robbins  
Ivy Brown  
Jae Kim  
Jaebin Cha  
James Barr  
James Kim  
James Lee  
Janet Cho  
Janet Yoon  
Janice Lee  
Jason Tomt  
Jean Kim  
Jeanie Cho  
Jennifer Chang  
Jennifer Lee  
Jesse Martin  
Jessica Pak  
Jia H. Jug  
Jiheeh Huh  
Jihyang J. Yi  
Jiyeon Cha  
Jocelyn Yun  
Joel McLeod  
John Chae  
John Piccioni  
Johnny Paik  
Jonathan Park  
Joo Lee  
Joo Yeol Park  
Joseph Kim  
JP Shelly  
Judith No  
Judy Chang  
Julia Oppenheimer  
Julian Ho  
K. Freeman Lee  
Karen Lee  
Katherine Yeom  
Kathryn Kim-Zahedi  
Kathryn Legomsky  
Kayeon Yoo  
Kelly Montez  
Ken Villa

# 2021-2022 SUPPORTERS

Kevin Arceneaux  
Kris Chau  
Kristine Hong  
Kyle Beeman  
Kyoung Kim  
Kyung Joo Kim  
Kyungmi Shim  
Laura Leung  
Laura Miller  
Lee & Han Construction Co  
Lisa Sean Cook  
Lorna Thompson  
Louisa Wells  
Lu France Interiors LLC  
Lu Malvar  
Lucy-Ellen Chun  
Madison Smith  
Marguerite Ho  
Mark & Janice Hansen  
Mary Bak  
Mary Scelba  
Megan Mercier  
Mercedes Yvette  
Mi Chung  
Michael Cheng  
Mightycause Charitable  
Foundation  
Mo Monte  
Mina You  
Minwoo Yoo  
Miz Sensitiva  
Nate Rich  
Nazareth Nirza  
Network for Good  
New Life Church of Irvine  
Nick Bregman  
Niki Shwarz  
Pat Green  
Pauline Yang  
Peter Cha  
Phillip Kim  
Phillip Son  
Poms & Associates  
Public Media Group of  
Southern California  
Rachel Sullivan-Owens  
Sally Dockery

Samantha Tran  
Samir Alam  
Samuel Pena  
Sandra Lee  
Sang Koog & Yoon Kyung Lim  
Sang W. Ko & Na Y. Ko  
Sarah Hong  
Serapie Kim  
Seyine Park  
Sharon Cochran Jensen  
Sheryl Hoffman Graham  
Shojua Each  
Soyoon Lee  
Sooyoung Park  
Stella Kim  
Steve Chen  
Steve Choi  
Sujan Beck  
Summer Dedick  
Susan Dickie Farris  
Tae Kim  
Terry Shin  
Tommy Han  
Wan-Mo Kang  
WE Drive-Ins  
Will Park  
William Peng  
Xao Yang  
Yeah Eun Kim  
Yeji Mun  
Young Chae  
Youngwoo Lee  
Young Sook & In Park  
Yvonne Wu

## IN-KIND DONATION

Aesop  
Albert Kim  
Angel City Brewery  
Atomy USA  
Baroo LLC  
Buchalter  
Centerstone SBA Lending  
Christina Pou  
CPR Creative Production Resources  
Cutisus  
Eugene Kim  
Eve Hair Inc.  
HiteJinro America, Inc.  
Hope GOF  
Hyojung Kim  
ICSN, Inc.  
Jeahee Pyo  
K Boom Beauty Inc  
Katherine Kim  
KITA  
Korea Ginseng Corp  
Kristy Bae and Scott Kim  
Lawrence & Linda Kim  
Leslie Perry  
Navien Inc  
Nongshim USA  
Michael Yi  
Pura Collective, Inc  
Scott Yang  
Sohyun Park  
Women's Foundation



Dear KFAM,

Many people have a fear that people will think they are crazy when they tell others that they are receiving therapy. People worry that they will be looked at differently. I also had these same thoughts when I first started therapy. I even regretted it after the first session. My whole life I kept the pain and suffering inside. I felt like I was the only one that was unhappy and going through struggles. I was constantly sad and filled with resentment. After 3 sessions, I began to see a small change in myself. After sharing the things that were weighing down my heart, I felt lighter.

나만 불행한 것 같고  
의 나한테만 이런 시련들이 있는지.

I was not able to look people in their eyes, but now I can look at them as I speak to them. And I have a lot more to say, even talking to people I don't know at the market. Not only did I get help with counseling, I also received help by receiving goods. They also helped me to get government assistance. It was my first-time receiving government assistance. At first, I was ashamed that I had to receive these things, but now I am so thankful. I decided to change my perspective to I will help later when I am in a better situation. Everyday that I felt uncertain and anxious, now I can breathe after accepting help. So now I look around me to see how I can help others and do what I am capable of.

내가 할 수 있는 일들 내가 해야 할  
일들을 찾아서 할 것입니다.

Before getting therapy, each day was too difficult. Every night I thought to myself it would be great if I didn't wake up tomorrow; but if your mind changes, then your life can change as well. Of course, when you are in a good place, you don't need help. However, if your mind is in a dark place, it's hard to change by yourself. You are desperate for help. If you are not getting help because of fear or embarrassment, it's difficult to get out of the darkness. If you can have courage, get help and change your way of thinking like me then you can have the hope that tomorrow will be better than today. I no longer am sad or feel miserable. My life hasn't changed drastically, but my heart and mind have changed completely. I am confident that tomorrow will be better than today. Others may think that I am unfortunate or pitiful, but everyday I can say that I am happy. I want to truly thank the therapists that helped me change the way I think.

제 생각을 바꾸어 주신 선생님께  
진심으로 감사드립니다.

# Asian Foster Family Initiative

KFAM's Asian Family Foster Initiative recruits, trains and supports Asian Pacific Islander (API) resource parents to provide culturally and linguistically sensitive homes to API foster children in LA and OC County. KFAM is the nation's first and only Asian Pacific Islander (API)-focused Foster Family Agency with services available in Korean, Mandarin, Cantonese, Tagalog and Vietnamese.

## *Programs and Services*

Public Awareness Campaigns  
Information Sessions and Orientation  
API Language 20+ Hour Resource (Foster) Parent Training  
Application Clinics  
First Aid/CPR Classes  
Case Management  
Counseling with Positive Parenting Program  
In-Home Support for Families

Foster Parent Support Group  
Faith Based Support and Church Partnership  
Referrals & Linkages  
Volunteer Training and Respite Care  
Gifts from the Heart: Backpack Drive  
Holiday Gift Drive  
Hanmi Dream Scholarship Program  
Supervised Visitation

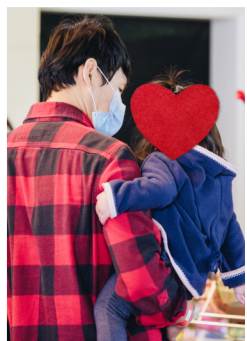
## In 2021...

**79 Resource Families Trained; 339 in total**

**36 Foster Children Placed; 127 in total**

**16 children adopted in total**

**3 teens moved to college**





# Child & Adult Wellness

KFAM's Child & Adult Wellness Program provides individuals with the tools, support and resources to meet their diverse needs and enhance their quality of life. We also connect our community members to a broad range of government, health, legal and social services to more comprehensively meet gaps in essential health and human services.

## *Programs and Services*

- Child Care Food Programs
- Substance Abuse Workshops
- Youth Mentorship and Health Education Program
- College Readiness Workshop
- Family Law Clinics
- Financial Literacy Workshops
- Tobacco Control Prevention and Policy
- Senior Yoga

**In 2021...**

**3,000 Children Served Daily**

**183 Providers**

**33 Community Based Workshops**

**9,348 Referrals made**



# Mental Health Counseling

KFAM's mental health services are culturally and linguistically tailored for adults and children. Our professional bilingual and bicultural counseling services promote recovery, resilience and positive change in the lives of our clients and their families. Our highly-trained counselors work with clients on personal conflicts, relationship problems, and other life challenges such as: depression, anxiety, grief, or loss, trauma, marital conflicts, parent-child conflicts, family violence, anger, acculturation stresses, and workplace issues. Counseling services are private and confidential. Our services are open to everyone regardless of income, insurance, immigration status, or other barriers.

## *Programs and Services*

Child, Adolescent, and Adult Individual Counseling  
Couples and Family Group Counseling  
Psychiatric Medication Support  
Prevention and Early Intervention Services

Integrated Services  
1:1 Counseling  
Parenting Class  
Triple P: Positive Parenting Program

### **In 2021...**

**362 Clients Served**

**30 Seminars around Mental Health**

**982 Participants**

**32.3% Male and 67.7% Female Clients**





# Gender Based Violence

KFAM's Center for Women and Children provides free culturally specific and trauma-informed care support for family and domestic violence victims and families and victims of violence or crime. Our continuum of care - from crisis help, case management, to survivor support - helps them achieve safety, while empowering them as they journey toward healthy, violence-free lives. Our advocacy and prevention work involves training faith leaders to become first hand responders to victims of violence and partners in prevention education in the community. Recently, we have been expanding our victim services to include sexual assault and human trafficking survivors.

## *Programs and Services*

Counseling Services  
 Case Management and Advocacy Services  
 Public Benefits Assistance  
 Restraining Orders  
 Translation and Interpretation  
 Court/Policy/Hospital Accompaniment  
 Housing Assistance and Shelter Linkage

52 Weeks Batterer's Intervention Program  
 Teen Dating Violence Seminars  
 Financial Counseling & Workforce Development  
 40 Hour Domestic Violence Training  
 Life Beyond Weekly Survivor Support Group  
 Art Workshops for Exposed Children  
 DV Education and Training to Community/Faith Leaders

## **In 2021...**

**193 Clients Served**

**170 Hotline Calls Received**

**58 Clients received Financial Support**

**90 Clergy Members Trained**

**7 Participants in 5 Small Business Training Classes**

# Events

## 2nd Annual Golf Tournament



*Share  
the Love*

**April 9, 2021**



# Events

## 38th Annual **RISE TOGETHER** Gala September 22, 2021



# CLIENT TESTIMONIES

Joon came to KFAM when he was 9-years-old, he developed 12 different types of tics due to Tourette Syndrome that began due to the shock of his father's sudden death. His symptoms were caused by high stress and anxiety levels. He was very young and didn't understand why his father was not around anymore or why he couldn't see his father anymore. **He woke up one day and lost his favorite person in his world.** Joon was also very upset about the situation and started to resent his other family members.

Joon started to develop social problems; he was closed off from his family and friends and he was bullied at school for his tics. He was very shy at first and the goal for the first couple months was to work on stress management and grief processing together during the counseling therapy sessions. **He started to show improvement after each therapy session.** He was able to



discover what he liked to do, what he enjoyed doing, how it would make him feel and his counselor would repeat this process over and over to help him set up goals and treatment milestones for his tick disorder.

After a couple of months of sessions, he started to open up and smiles would appear occasionally during the therapy sessions. He started to pick 2-3 goals per week and wanted to continue being happy and finding different ways to bring himself happiness. The difference was very noticeable because he would be able to control and manage his tics, slowly one by one. With full support from his mom in implementing what he learned in therapy at KFAM, he would practice the skills at home. After eight months, Joon was able to eliminate all symptoms of his tics except for 1 or 2 minor symptoms. His therapy sessions around grief processing was also a success: **Joon reported that memories of his father turned to good memories that he can cherish and remember and not to be stored as tragic ones.** He was doing much better in school, he wanted to enroll in sports and re-developed his friendships at school.

# ONE'S JOURNEY

I first met my husband in 2017 on my birthday through acquaintances. His bright smile and warmth reminded me of a young boy I knew in Korea. When I first met him, I thought we were destined to be together. After three years of dating, we decided to get married. I was in the United States on a visa and my husband was a citizen. After we got married, I was able to qualify to get a green card. **The first few months of our marriage were blissful** and we were busy moving into our new home to start our lives together. We spent the weekends buying furniture and glassware for our new house. However, shortly after, I noticed my husband would say things bluntly or choose words that would pierce through my heart like shattered glass. I just thought maybe I was being too sensitive and too reactive to his words and tried to not think about it in detail. He began to change, the sweet person who always showed me kindness turned cold and his interests were no longer in our relationship. **I thought to myself if I try harder then I can change him back to the man I fell in love with.**

My mother-in-law decided to move in with us and my husband agreed, so I agreed also. When my husband left for work, she would ask me why I wasn't cleaning or cooking and that my husband could have married someone better than me. She didn't like the way I cleaned the floors, or cut the green onions. Nothing seemed to please her. But, I kept my mouth shut and changed my ways and the things I did to make her happy and to keep her from shouting or yelling at me.

As time passed, it got worse, she started to throw things at me, push and hit me when my husband wasn't home. When my husband came home, she would tell him lies: like I only married him to get a green card to stay in the United States and that I mistreated her while he was away. I felt like it was my wrongdoing that was causing all our problems. **I wasn't being a good wife or daughter-in-law.** So, I tried my best to change and do everything perfectly for my husband, but I started to notice that he was an avatar controlled by his mother. They would say the same things, act the same way and started to treat me the same.



# IN STARTING OVER

My husband decided it would be best to leave our home and live with his mother at her house and he would come to our home once a week. He said if I wanted to get my green card, I would have to listen to his demands. I felt alone and abandoned. But mostly ashamed and embarrassed, I had no one to turn to. I thought this only happened in Korean dramas, but it was happening to me.

## **What did I do wrong?**

I was introduced to KFAM because of my legal status problem, but I learned they offered a wide range of programs that I could qualify for. I began receiving therapy, and learned that it wasn't my fault or my wrongdoing. This was my beacon on light and hope that I was searching for. Then, I began receiving services for Domestic Violence from a Family Advocate where I regained my confidence and wanted to become strong, independent and financially stable. I didn't know there was a place I could go, and they would believe me or help me. I felt saved and began building up my skills, to be able to stand on my own two feet. I knew I was rediscovering myself....

*To the person I want to be.*





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